

Men's Group Framework and Session Outline

Objectives:

- Create space for respectful discussion and sharing on individual and cultural attitudes and experiences surrounding men and masculinity.
- Facilitate the questioning of masculine roles and norms and how they affect the individual, women and the community.
- Foster a supportive and progressive community of men willing to take action to end gender-based discrimination, bullying and violence.

Group Structure:

- The Men's Group will run in seasons. Changes to membership take place in the off-season. Members only commit to one season, but may opt to remain in the group for future seasons.
- Each season has 12 sessions (2 hours per session).
- Group size: 10 - 15 men who each commit to attending almost all meetings.
- Group values will be determined at the beginning of the first session in a participatory and inclusive manner. All members will have a chance to contribute.
- Every meeting will be moderated by a facilitator who will ensure multiple perspectives and uphold the values of the group.
- Members of the group will hold one another responsible for group attendance and participation, as well as individual compliance with group values.
- Before each session, we will check that members consent to be photographed. *Yes, All Men* may take photographs of group meetings for documentation and social media purposes.

To register, please fill out [this](#) registration form.

Tentative session outline*

Week	Description of Topics and Activities
1	<p>Introduction Group Values - establishing norms and values to be observed by all Getting to Know Us - mapping activity</p> <p>Agenda: Perspectives of Masculinity A Man Is.... vs I am.... "I Am" Poetry Writing and Performance</p> <p>Group Sharing: Things My Dad Told Me</p> <p>Homework Find an object among your possessions that best represents "manhood" to you. Bring it the following week.</p>
2	Agenda: Men in the Media
3	Agenda: Body image

4	Agenda: Masculinity and Gender-based Violence
5	Agenda: Growing Up
6	Agenda: National Service
7	Agenda: The Privilege of Manhood
8	Agenda: Homophobia and Queer Men
9	Agenda: Relationships, Consent and Sex
10	Agenda: Being an Ally
11	Agenda: Strategies for Change
12	Masculinity Panel at We Can! Arts Fest

*This is just a proposed structure. The programme and agenda for each session will evolve based on inputs from members.